

Saturday, February 20, 2021

1:00 – 4:15 pm

JPA Ethics Workshop, Part I on Zoom 3 hours

For JPA Members Only – no pre-registration required

Counter-transference and the Racial Complex

Cathy Henschel-McGerry, M.A., LMHC, LMFT and Walter McGerry, M.A., LMHC

The cultural complex Jung spoke of as ‘under the skin’ of white Americans, has come to the surface. Toni Morrison wrote of the jungle white folks planted in black people, spreading until it invaded the whites who made it. As we begin to see the truth we become responsible for it. If we consider that race is always in the room, we have both the good fortune, and the responsibility to address how the racial complex operates within the psyche. This workshop is for each of us to begin the dialogue with our racial, cultural complex and the transference relationship.

This workshop is open to JPA Members only. Dues must be current prior to 2-18-21 and may be paid online under Membership. Pre-registration is not needed. All JPA members will receive a link for zoom the day before the workshop.

The workshop will include breakout groups. These will not be recorded.

A recording will be available for members who are unable to attend and wish to obtain NASW CE. Evaluations will be due 3-20-21.

Learning Objectives

Participants will:

Develop awareness of how the cultural racial complex functions in their personal and clinical lives.

Gain practice with collegial discussions of race in the consulting room.

Explore what inhibits their ability to be aware of unconscious racial bias in their work with clients.

Presenters

Cathy Henschel-McGerry, M.A., LMHC has been in private practice since 1983, where she provides analytically oriented therapy, as well as offering supervision &

consultation-training groups to therapists. She has been an adjunct faculty member at Antioch University, Seattle since 1994 in the clinical psychology department. She has a strong focus in her personal & professional life on racial justice. She co-facilitates book study groups with Walter for white therapists seeking to raise their awareness of whiteness as a social construct. She also conducts psychological evaluations through the NW Health & Human Resources for people seeking asylum in the U.S.

Walter McGerry, M.A., LMHC is an approved Clinical Supervisor and has been a practicing clinician since 1980. He taught at Antioch University's graduate Psych program for 17 years, and is a long time member of the JPA. He has presented at the Jung Society, Bastyr College and the JPA. Currently he is very involved in the Breaking White Silence affinity group, which supports white racial literacy consciousness raising study groups and trains and consults for facilitators of these groups. With his wife and colleague, Cathy, he offers Breaking White Silence study groups for colleagues.